10-5-1-R³

First Post for Facebook:

**Post with your before/after picture if you are ready. If not use a stock image below:

What I am Looking For:

- · People to drop some excess weight
- Drop a dress size or 2
- Get Toned
- · Get Ripped
- · Lead a Healthy Lifestyle
- Meal Skippers

What you will get:

- A FREE Wellness Profile
- Coaching
- Full Support
- Weighed and Measured
- 3 Days of Nutrition, meal plan and advice

To get more information on how to get your 3 Day Herbalife Trial pack please comment below, message me or text me!"





NOTE: We do NOT advertise the price of the Trial Pack in any marketing including all social media, websites or any print marketing as this is against Herbalife rules.

Once you've posted that first post, other posts and text examples:

"3 Day Challenge Is Here!!

I'm looking for 10 people who...

- Need energy
- Skip Meals
- Lack Hunger Control
- Not enough time to eat
- Seek better nutrition

Message me now!"

